

ALLERGEN INFORMATION

Know what's in your meal. We're transparent about every ingredient so you can eat with confidence.

Updated April 10, 2026

01 ALLERGENS PRESENT

WHAT'S IN OUR FOOD

CONTAINS



WHEAT / GLUTEN

We use gluten-free soy sauce in all of our recipes

- Banh Mi's
- Bao Bun Bacos
- Egg Rolls

CONTAINS



DAIRY

From sour cream

- Nom Nom Sauce

CONTAINS



EGG

From mayo — not vegan

- Nom Nom Sauce
- Creamy Toasted Sesame Dressing
- House Mayo

CONTAINS



SESAME

- Grilled Top Sirloin
- Tofu
- Sesame Soy Sauce
- Spicy Sesame Soy Sauce
- Creamy Toasted Sesame Dressing

CONTAINS



FISH

From fish sauce

- Lemongrass Chicken
- Grilled Top Sirloin
- Grilled Pork
- Fish Lime Vinaigrette

CONTAINS



SOY

- All proteins (chicken, beef, pork, pork belly, tofu)
- Sesame Soy Sauce
- Spicy Sesame Soy Sauce

02 ALLERGENS AVOIDED

WHAT YOU WON'T FIND

NOT ON MENU

SHELLFISH

No items on the menu contain shellfish. Everything is made with vegan, gluten-free oyster-flavored sauce.

NOT ON MENU

PEANUTS & TREE NUTS

No items on the menu contain peanuts or tree nuts.

03 DIETARY OPTIONS

GOOD TO KNOW

NOTE

VEGETARIAN

Everything on the menu is vegetarian except the obvious proteins — chicken, beef, and pork.

NOTE

VEGAN

The tofu is vegan. Any menu item can be made vegan by removing Nom Nom Sauce (contains mayo and sour cream) and House Mayo (contains egg).

CATERING WITH DIETARY NEEDS

Planning a catering order with dietary restrictions? Let us know in advance and we'll do our best to accommodate.

IMPORTANT DISCLAIMER

Nom House prepares food in a kitchen that handles gluten, dairy, egg, soy, sesame, and fish. While we do our best to accommodate dietary needs, we cannot guarantee that any item is completely free from allergens due to shared equipment and preparation areas.